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FOR IMMEDIATE RELEASE

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Susan O'Hare, a Physician Practice Management and Pediatric Specialist, appointed Senior Vice President and Consultant with Integrated Healthcare Strategies

MINNEAPOLIS, MN - March 24, 2009 - Integrated Healthcare Strategies, providing executive consulting services for the healthcare industry, is pleased to announce the addition of Susan O'Hare to its team as a Senior Vice President and Consultant with its Executive Total Compensation practice group.

O'Hare has an extensive background in pediatrics highlighted by over ten years as the CEO of a children's hospital and in physician practice management in a multi-specialty and academic sub-specialty environment. O'Hare's role will focus on business development and consulting services for the Executive Total Compensation practice.

Prior to joining the firm, O'Hare held the role of Senior Vice President of Specialty Hospitals at Erlanger Health System. There, she worked directly with the executives responsible for the operations of four of the five hospitals in the system and had responsibility for strategic direction, program development, and operations of those four hospitals as well as for the pediatric and women's services product lines. Other career experiences include Nursing Director positions.

Holding an MSN of Nursing in Child Health from the University of Texas at Arlington, O'Hare maintains her clinical expertise as a Certified Pediatric Nurse Practitioner.

Integrated Healthcare Strategies also announces the additions of Drew Erra and Gary Aden to its Executive Total Compensation practice. Drew Erra, Senior Vice President and Consultant, has over 16 years of experience in a variety of senior healthcare management positions and consulting on executive compensation and benefits. Gary Aden is a Senior Vice President, Consultant and brings a wide range of experience from senior consulting and healthcare management positions; he has recently returned to Integrated Healthcare Strategies. They join Dr. Michael Hogue who joined the firm a year ago.

Jim Nelson, Executive Vice President and Executive Total Compensation Practice Leader, said, "We have made a commitment to the healthcare industry and to our clients to be their trusted advisor on executive total compensation issues and other human capital projects. To that end, our firm continues to grow with former health care executives that bring a wealth of expertise to share with our clients. Having former senior healthcare executives and a physician is unique in our industry and it allows us exclusive insights into the issues facing healthcare.

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About Integrated Healthcare Strategies

Integrated Healthcare Strategies provides not-for-profit healthcare organizations with direct access to a comprehensive array of healthcare-specific services, delivered by professionals from the industry who understand the rigors of running a healthcare organization – from the lunchroom to the Board Room. Their client list is a “who’s who” of healthcare organizations including over 1200 major healthcare providers, 1,800 hospitals and 500 physician groups. The Executive Total Compensation practice of Integrated Healthcare Strategies offers over 30 years of proven experience in developing comprehensive executive compensation programs. For additional information contact Julie McCauley at 800-327-9335 or at julie.mccauley@ihstrategies.com. Visit Integrated Healthcare Strategies online at www.ihstrategies.com.



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